

# Youth Anxiety and Internalizing Symptoms: Correlations with Perceived Parenting Behavior and Error-Related Brain Potentials



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## **INTRODUCTION**

Anxiety can emerge in childhood and affect cognitive control [1, 2]

- Anxiety and cognitive control studied alongside two event-related potentials (ERPs), error-related negativity (ERN) and error positivity (Pe)
- Both neurophysiological markers of cognitive control [3, 4]

Anxious adults display a larger ERN [5, 6], but the anxiety-ERN relationship is unclear in children as the ERN may increase with age [7, 8]

Anxious older children have larger ERN, but anxious younger children have decreased ERN, suggesting developmental shifts in cognitive control abilities [8]

Pe, being stable over time [9, 10], is important cognitive control marker to study across development

- Anxious adults have smaller Pe [11], meaning reduced awareness to mistakes
- Anxious children may also have smaller Pe

Other important environmental factors, such as parenting [12], help explain individual differences in the development of anxiety [13].

- Positive parenting associated with lower adolescent anxiety symptoms
- Negative parenting was associated with higher risk of anxiety symptoms [14]
- Research supports negative parenting related to larger youth ERN [15]
- Parenting plays a role in the development of childhood anxiety, which may affect cognitive control

## **Aims and Hypothesis:**

What is the relationships between parenting, anxiety/internalizing symptoms, and the ERN and Pe?

Hypothesis: Negative parenting will predict more anxiety/internalizing symptoms in youth, and be presented as an enhanced ERN and diminished Pe

- H1: Anxious children will display larger ERN and smaller Pe
- H2: Negative parenting will predict more anxiety and internalizing symptoms, while positive parenting will predict lower anxiety and internalizing symptoms
- H3: Negative parenting will relate to a larger ERN and smaller Pe

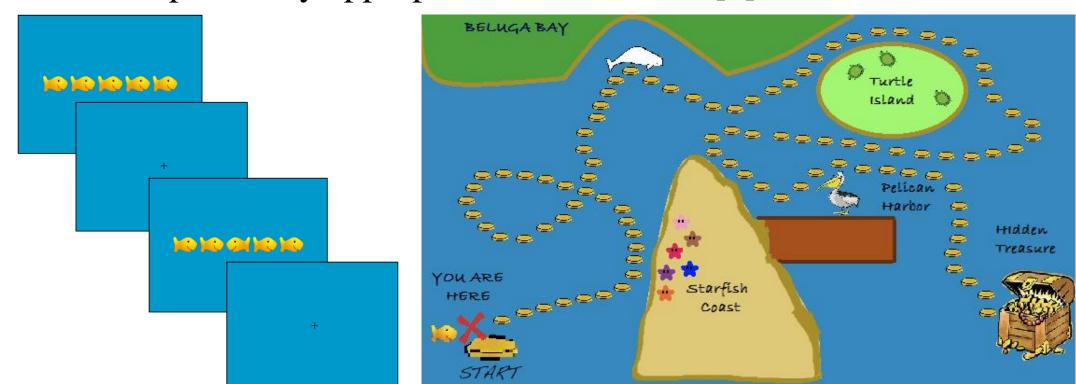
## **METHODS**

## **Participants**

- n = 143
- Age: 8-13 years (M = 10.59, SD = 1.68)
- Recruitment: online advertising site and laboratory database

#### Materials

- Child report Parent Perception Inventory (PPI; [16]
- Developmentally appropriate Flankers task [8]



- Parent-reported Revised Child Anxiety and Depression Scale (RCADS-P; [18])
  - Assess for anxiety totals
- Factor scores used to assess overall internalizing symptoms

## RESULTS

#### H1: Anxiety $\rightarrow$ ERN/Pe

• Not Significant (p > 0.05)

#### **H2a:** Negative Parenting → More Anxiety/Internalizing

• Negative mom parenting related to children's anxiety (r = .252, p = .007)

## **H2b: Positive Parenting** → Less Anxiety/Internalizing

• Not Significant (p > 0.05)

## **H3a:** Negative Parenting → Larger ERN

- More negative mom parenting  $\rightarrow$  smaller  $\triangle$ ERN (r = .234, p = .012)
- More negative dad parenting  $\rightarrow$  smaller  $\triangle$ ERN (r = .214, p = .023)

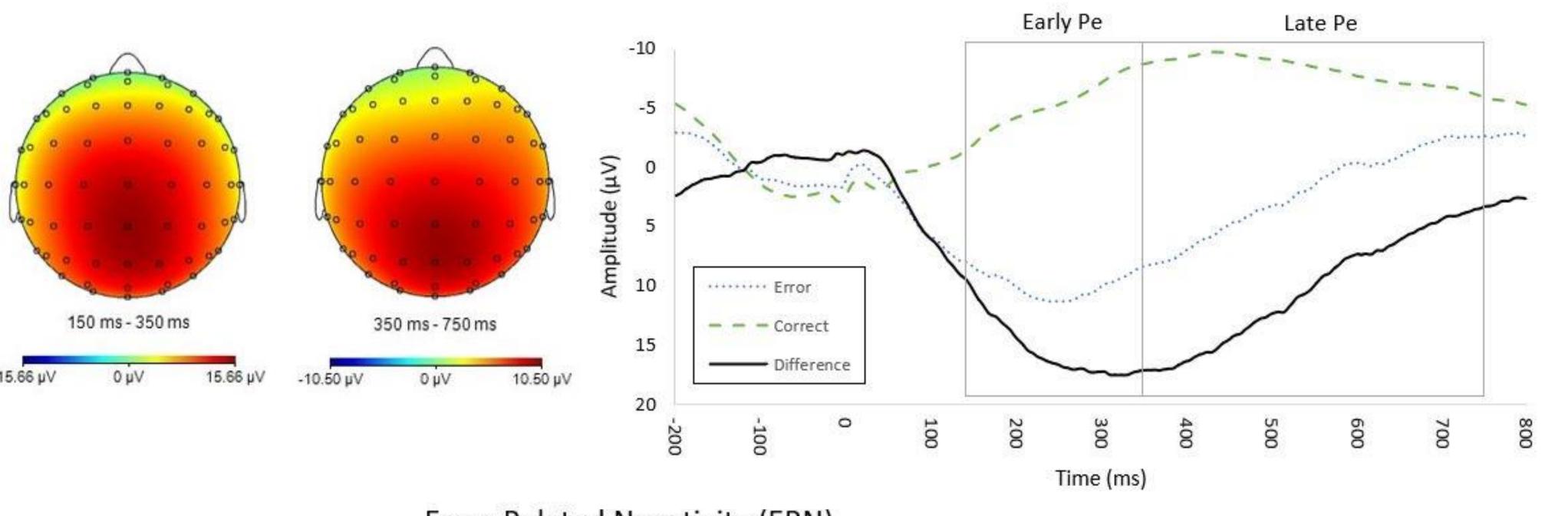
## H3b: Negative Parenting → Smaller early Pe

- More negative mom parenting  $\rightarrow$  smaller  $\triangle$ ePe (r = -.257, p = .006)
- More negative dad parenting  $\rightarrow$  smaller  $\triangle$ ePe (r = -.233, p = .013)

### **H3c:** Negative Parenting → Smaller late Pe

- Negative dad parenting not significant (p > .05)
- Negative mom parenting  $\rightarrow$  smaller  $\triangle$ LPe (r = -.278, p = .003)
- Positive mom parenting  $\rightarrow$  larger  $\triangle$ LPe (r = .207, p = .026)

## Error Positivity (Pe)



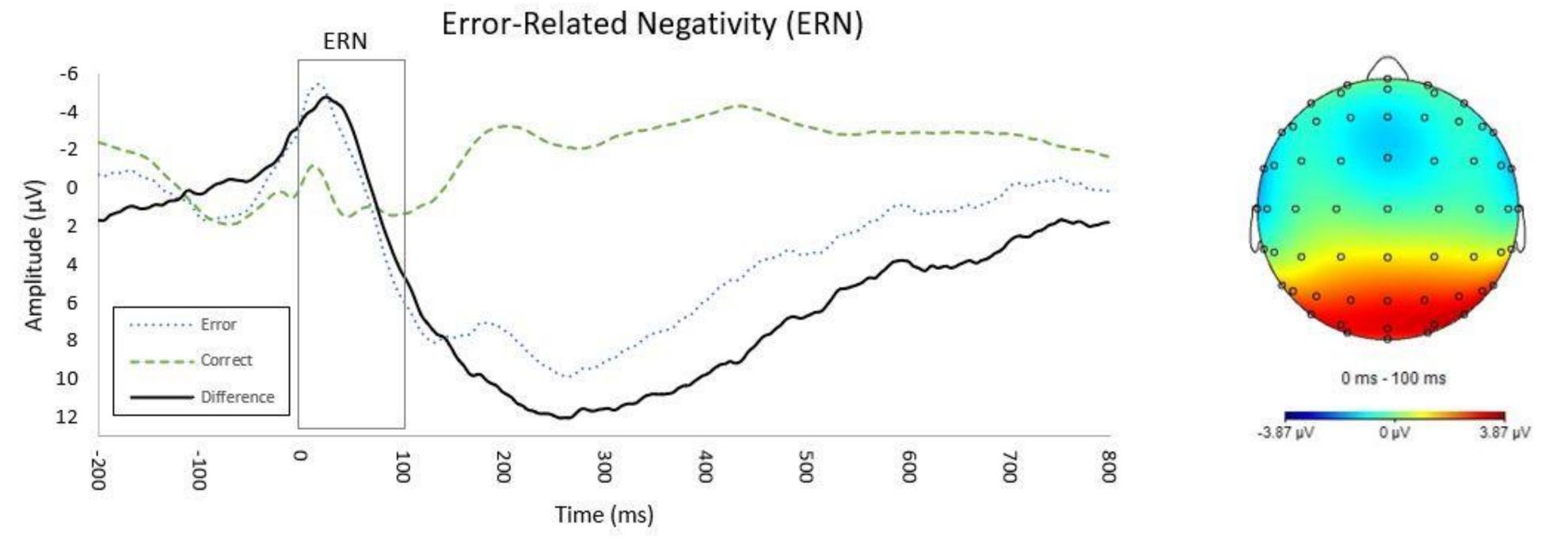


Table 1 Bivariate correlations between ERPs, parenting, anxiety, and internalizing symptoms

Variable	1	2	3	4	5	6	7	8	9	10	11
1. ΔERN FCz	(552)										
2. ΔEarly Pe CPz	0.069										
3. ΔLate Pe CPz	0.234**	0.658**									
4. Pos Mom	0.009	0.168	0.207*								
5. Neg Mom	0.234*	-0.257**	-0.278**	-0.204*							
6. Pos Dad	-0.137	0.103	-0.016	0.477**	-0.093						
7. Neg Dad	0.214*	-0.233*	-0.121	-0.032	0.531**	-0.078					
8. Anx Mom Report	0.033	-0.004	0.012	-0.011	0.252**	0.087	0.114				
9. Int Mom Report	0.038	-0.023	0.034	-0.119	0.264**	-0.001	0.100	0.904**			
10. Anx Dad Report	-0.017	0.059	0.127	0.105	-0.066	0.045	0.018	0.441**	0.431**		
11. Int Dad Report	-0.019	0.036	0.061	0.021	-0.069	-0.071	0.010	0.345**	0.404**	0.888**	
M	-1.817	15.624	10.265	3.877	2.048	3.593	2.064	0.493	0.084	0.479	0.155
SD	6.107	8.557	5.911	0.703	0.725	0.857	0.695	0.377	0.86	0.328	0.172

<sup>\*</sup>  $p \le 0.05$ 

## **DISCUSSION**

## H1: Anxiety $\rightarrow$ ERN/Pe

- Contrary to hypothesis, mom/dad report anxiety did not predict ERN/Pe
- Child anxiety very low
- Anxiety and ERP relationship tenuous in children

## H2: Parenting -> Anxiety/Internalizing

- Negative mom parenting predicted child anxiety/internalizing
  - Dad reported lower anxiety/internalizing compared to mom
  - Child report low positive and negative dad parenting

#### H3: Negative Parenting $\rightarrow$ ERN/Pe

- Contrary to hypothesis, negative parenting predicted smaller ERN
- Negative parenting environment may impact ERN development
- Negative parenting predicted smaller early Pe
- Early Pe and ERN may reflect similar cognitive processes
- Mom parenting related to Pe
- Positive mom parenting predicted larger late Pe
- Negative mom parenting predicted smaller late Pe
  - Child report low positive and negative dad parenting

#### Limitations

- PPI may not accurately assess parenting behavior
- Cross-sectional design does not account for developmental differences across time
- Parent reported measures may be affected by parent psychopathology [20, 21]
- ERN differences in clinical and non-clinical samples

#### • Future Research

*Child Psychology*, 11(1), 49-49.

assessment, 24(3), 647.

- Explore possible moderating effect of parenting on anxiety-ERP relationship
- Replication using a clinical sample in order to see how children with high levels of anxiety display ERPs as they age

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<sup>\*\*</sup>  $p \le 0.01$